

THERE'S ONLY ONE THING
YOU NEED TO UNDERSTAND
ABOUT HOW A CORONAVIRUS

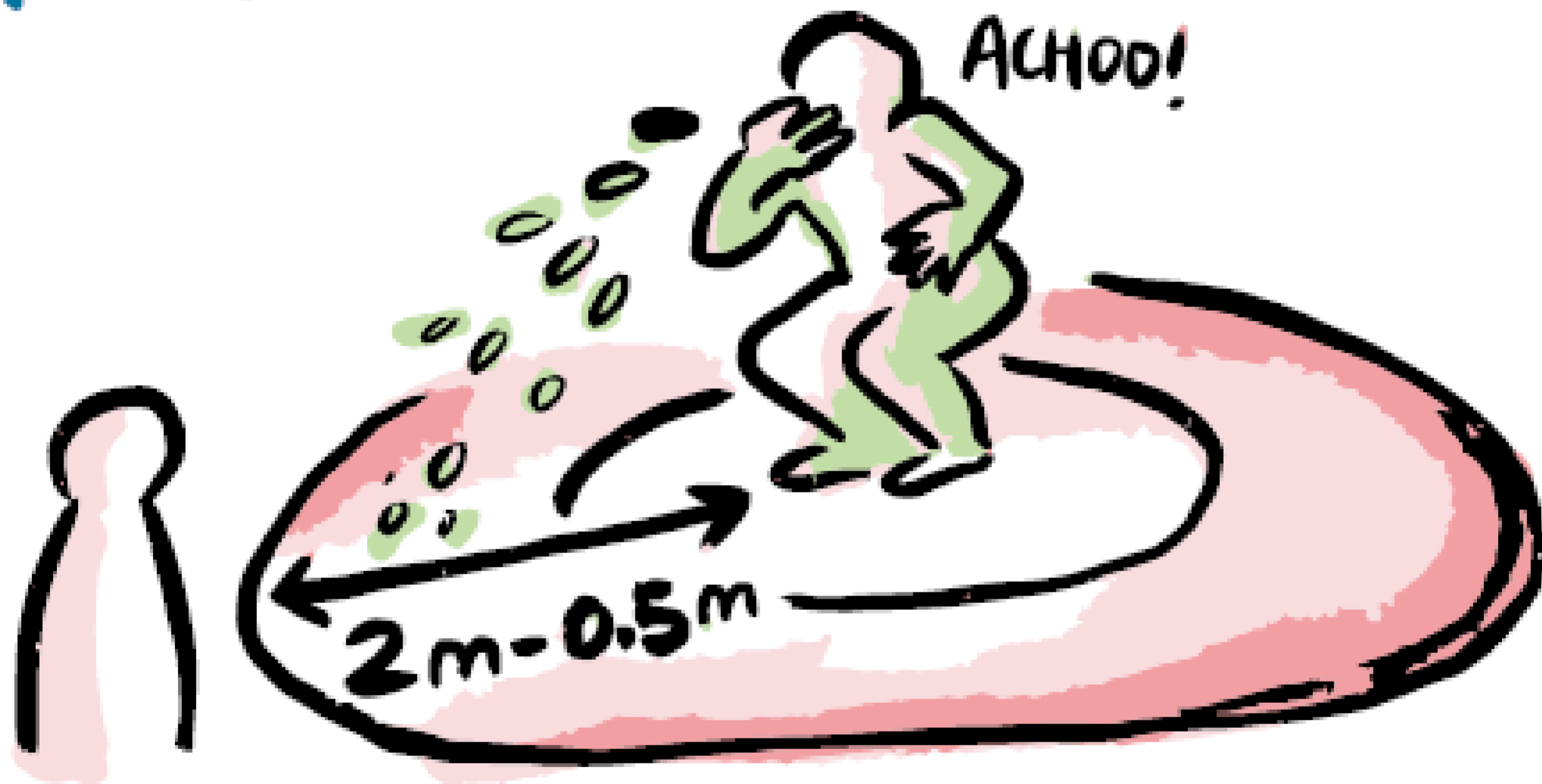
SPREADS



THE VIRUS SPREADS WHEN
these droplets



SO IF YOU SEE SOMEONE WHO IS VISIBLY COUGHING/SNEEZING/SICK, YOU CAN CHOOSE TO:



- ① KEEP YOUR DISTANCE. 2m to 0.5m will keep you safe from large droplets.

OR,



- ② GIVE THEM A MASK.
THEY CAN COUGH / SNEEZE INTO IT
AND PROTECT EVERYONE ELSE NEARBY

AND IN GENERAL, IT'S A GOOD IDEA TO AVOID CROWDS, BECAUSE YOU DON'T KNOW WHO MIGHT BE SICK.

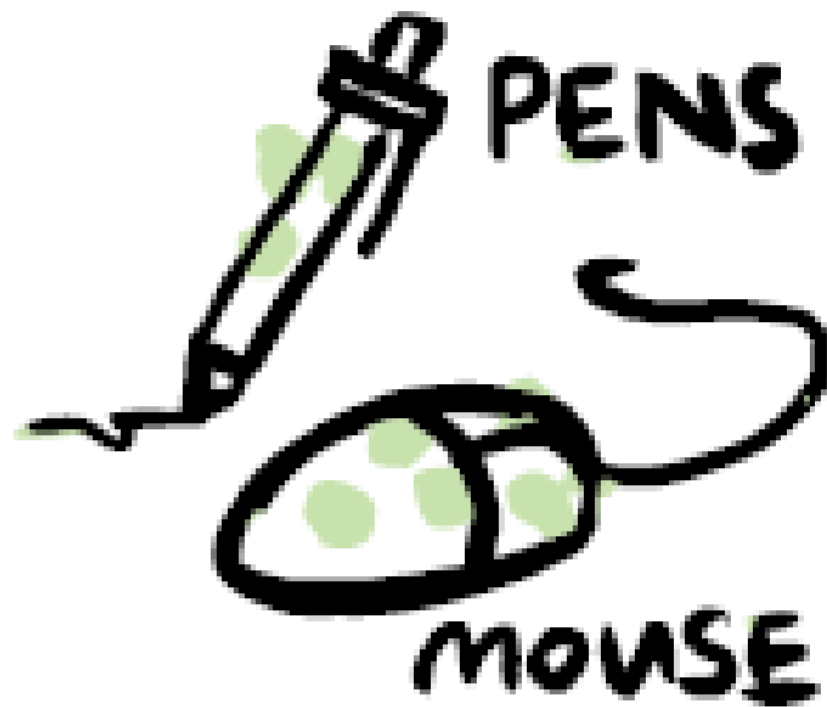


People who are infected can show no symptoms, but are still

INFECTIONOUS!

Maybe she's not sick, just protecting herself.

HOWEVER, SOMETIMES A SICK PERSON'S SALIVA CAN GET ON OTHER THINGS...



& EVEN ON THE
OUTSIDE OF
YOUR FACE MASK



HEALTHY PERSON

AND IF YOU TOUCH ANY OF
THESE THINGS BY ACCIDENT,
AND THEN TOUCH YOUR FACE,



≡ RUB EYES ≡

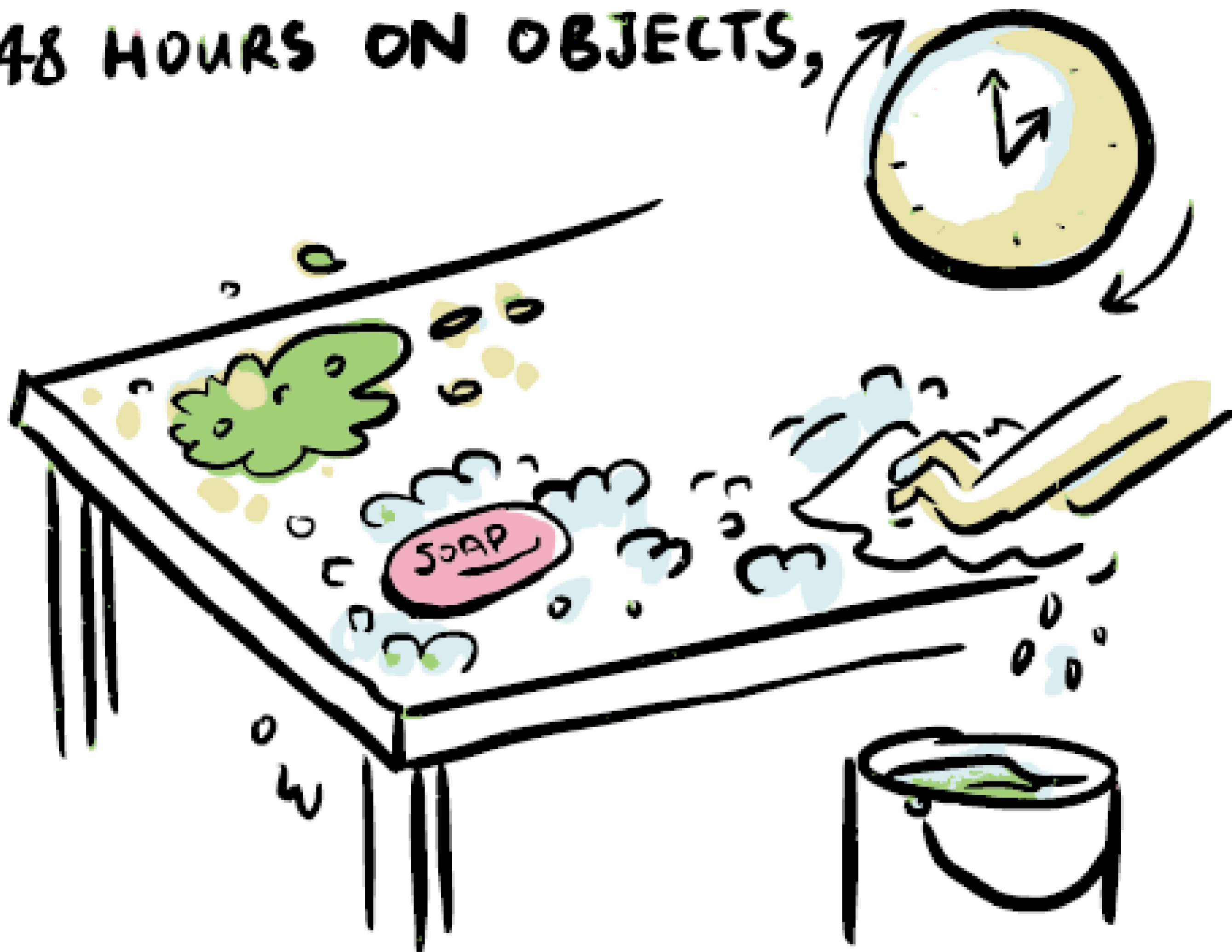


OR YOUR
LOVED ONES
FACE



YOU MIGHT ALL FALL SICK.

VIRUSES CAN LAST FOR UP TO
48 HOURS ON OBJECTS,



AND THE ONLY EFFECTIVE WAY TO
GET RID OF THEM IS TO WASH THEM
OFF WITH SOAP.

WHICH IS WHY IT IS ALSO
GOOD TO FOLLOW THESE



PRECAUTIONS

1

WASH YOUR HANDS THOROUGHLY WITH SOAP AND WATER FOR AT LEAST 20 SECONDS AFTER TOUCHING A SUSPECTED CONTAMINATED SURFACE



WHAT IS THOROUGHLY?

WASH THE
BACK OF YOUR
HANDS

BETWEEN
THE FINGERS

UNDER
THE NAILS



FOR 20
SECONDS

ENOUGH TIME TO
SING "HAPPY BIRTHDAY"
TWICE



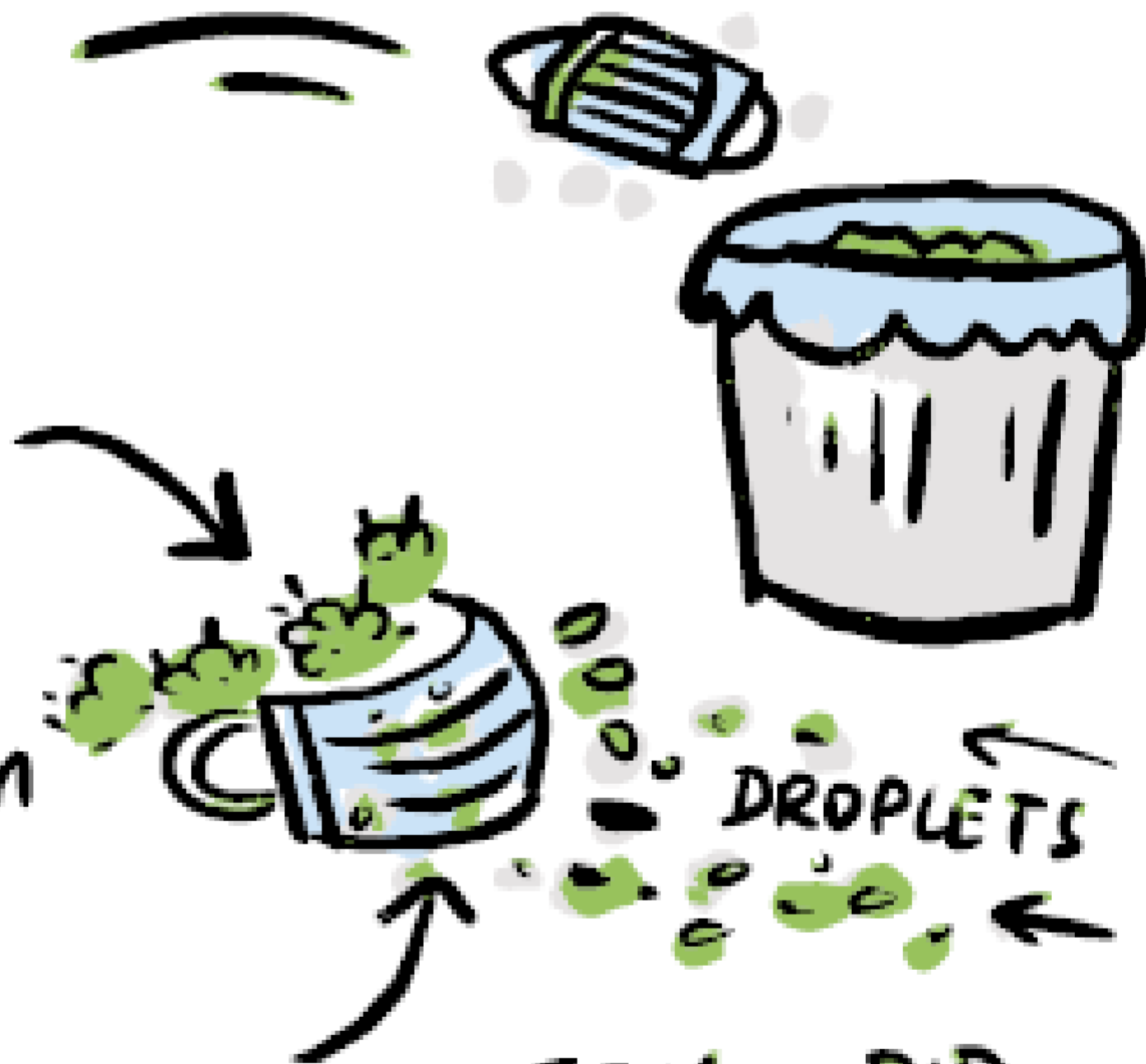
2

COVER YOUR COUGH WITH A DISPOSABLE TISSUE OR USE MASK AND DISCARD THEM IMMEDIATELY IN A WASTE BIN. DON'T WEAR THE MASK FOR MORE THAN A DAY.

*BACTERIA GROWS ON THE INSIDES OF YOUR MASK IF YOU WEAR THEM TOO LONG

ALSO, DON'T TOUCH THE OUTSIDE OF THE MASK IF YOU CAN.

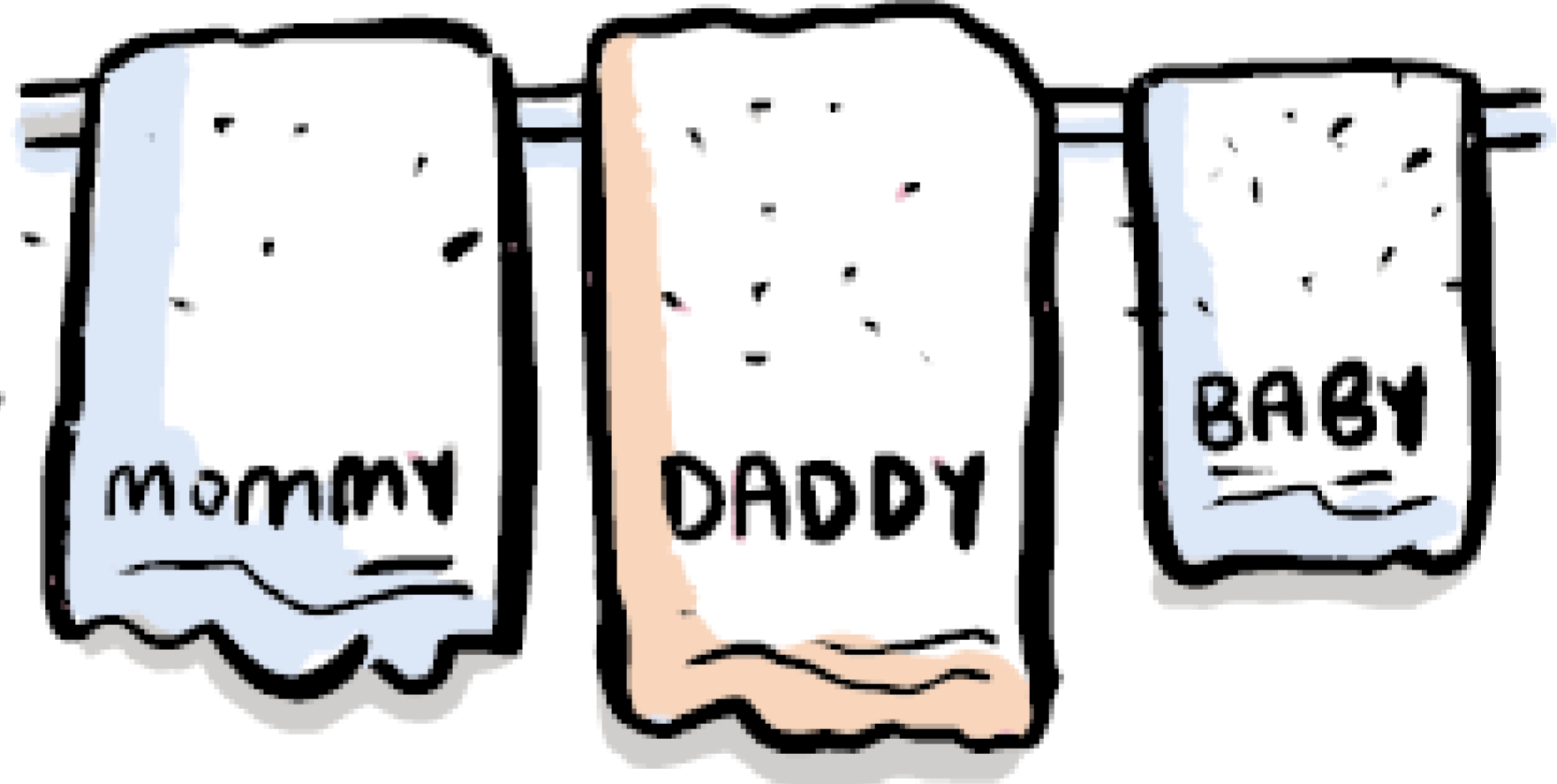
IF YOU DID, DON'T WORRY, JUST WASH YOUR HANDS WITH SOAP AFTER



3

AVOID COMING INTO CONTACT WITH PEOPLE WHO ARE SICK OR SHARE THE PERSONAL ITEMS, FOOD, UTENSILS, CUPS & TOWLES

EVERYONE GETS THEIR OWN TOWEL



4

AVOID TOUCHING YOUR EYE, EARS AND NOSE



AND FINALLY,

5

SEEK MEDICAL ADVICE IF
YOU ARE SICK



STAY SAFE,
EVERYONE!

